



Einkorn Waffles

An Adaptation by Lentz Spelt Kitchens

Ingredients:

2 cups Organic Lentz Einkorn Flour
2 eggs
1 $\frac{3}{4}$ cups unsweetened cashew milk
6 Tbsp vegetable oil
1 Tbsp sugar
 $\frac{1}{4}$ tsp salt
 $\frac{1}{2}$ tsp vanilla extract

Preheat waffle iron.

Beat eggs in large bowl, add in flour, milk, oil, sugar, salt and vanilla and beat until smooth.

Spray waffle iron with non-stick cooking spray. Pour generous $\frac{1}{4}$ cup mix onto hot waffle iron and cook until golden brown. Serve hot.

Yields: 6-8 waffles.